

Summer 2010 Directed Retreats for Everyone Women and Men

Directed Retreat I With your time in mind - choose three to seven consecutive days - Friday June 11 - Friday, June 18

Directed Retreat II Seven days - Monday, July 19 – Monday, July 26

KING'S HOUSE RETREAT & RENEWAL CENTER

Join us at King's House, a retreat and renewal center located on 47 quiet, wooded acres in Belleville, Illinois, just 20 minutes by freeway from downtown St. Louis or the JB Bridge.

We are sponsored by the Missionary Oblates of Mary Immaculate, a worldwide religious community of priests and brothers. The center is air conditioned and the lodging area features private rooms with baths and an elevator. An art space with materials is available for your use during your retreat. An outdoor labyrinth, Way of the Cross, nature trail, and Mary grotto will enhance your prayer journey.



2010 Directed Retreats for Everyone

Silent Directed Retreats - with Group Centering Prayer Experiences are open to everyone, women and men. The first directed retreat is designed for you to adjust the length to your personal schedule.

Friday June 11 - Friday, June 18 - Directed Retreat I

With your time in mind - choose three to seven days

Monday, July 19 – Monday, July 26 - Directed Retreat II

Schedule: Directed retreats begin the first evening with 4:00 p.m. arrival and registration, followed by social gathering (Monday only), orientation, and dinner. The final day concludes with breakfast and 9:00 a.m. Eucharistic Liturgy.

What is a directed retreat? A primary way to hear the voice of God is through the people and events of daily experience. In today's culture it is important to have a breathing time to pause and reflect before moving to the next event that seeks your attention. The goal of the directed retreat experience is to allow you to go deeper into your relationship with God while savoring what is happening in your life. Sometimes this deepening relationship brings healing or an invitation for life changes. It is an opportunity to be stretched by God's love.

The retreat includes daily meetings with your own director and periods of personal prayer using scripture. Applicants will be sent a response form in order to help the team select an appropriate director. Optional periods for group centering prayer are provided each day. Gentle relaxation movements will also be taught and used during these daily prayer times.

Directors for these retreats include
(subject to change):

Directed Retreat I

Sandy Bay, SSND
Carolyn Brockland, OSU
Carol Ann Collins, SSND
Susan Kienzler, OSU
David Kraus, OMI
Pat McGee, OMI
Joan Marie Voss, ASC
Marilyn Wussler, SSND
Janis Yaekel, ASC

Directed Retreat II

Carol Ann Collins, SSND
Donna Fischer, SSND
Charlotte Flarlong, SSND
David Kraus, OMI
Pat McGee, OMI
Melanie Roetker, OP
Wendy Sarno
Sandy Spencer
Marilyn Wussler, SSND
Janis Yaekel, ASC

REGISTRATION INFORMATION

Registration and deposit: Registration is limited for each retreat. We encourage you to register early. A \$25 non-refundable deposit will guarantee your reservation and is included in the retreat fee. Fees are listed on the registration coupon and include the program, meals, lodging, and snacks. If you are unable to attend a given retreat your deposit may be applied to another program at any time. Please note we are unable to allow for substitutions on the reservation list.

Special Needs: There is an elevator in the lodging facility. Let us know as soon as possible if you require a bathroom with assist bars or a first floor room. All first floor rooms have assist bars in the showers. If you require a special medical diet please notify us at least one week in advance.

Getting to King's House: Check our website for driving instructions or a picture map to King's House: www.kingsretreatcenter.org. Contact us for other transportation details.

Option available during both retreats

Massage: Massage is approached as the reverent anointing of the body, the temple of the spirit. A certified massage therapist will be available during the retreats to provide you with a soothing and prayerful experience. The suggested minimum donation is \$50 and is in addition to the retreat fee. It is payable directly to the therapist. In order to accommodate everyone who requests a massage we ask you to sign up early on this registration form. *Please note that on Retreat I, massage is only available on June 14-15.

Fee: see registration form for fee calculation for Directed Retreat I

June 11-18, 2010 Directed Retreat I (full fee: \$395, see below for partial attendance)

Below: please check the nights you wish to stay and calculate your fee from the chart presented.

For Directed Retreat I ONLY (June 11-18) - fee calculation

Please check (✓) the nights you wish to stay :

Fri. Jun. 11	Sat. Jun. 12	Sun. Jun. 13	Mon. Jun. 14	Tues. Jun. 15	Wed. Jun. 16	Thurs. Jun. 17

Arrival time at King's House _____

Departure time from King's House _____

2 nights	3 nights	4 nights	5 nights	6 nights	7 nights	FEE
\$135	\$188	\$241	\$294	\$347	\$395	\$

- Enclosed is deposit of \$25 (Note: Deposit is included in the full fee) Full Fee enclosed \$ _____ (\$135-\$395 depending on length of stay-see chart above)
- I am planning on a massage session during my retreat (Suggested minimum donation is \$50 - Do not send donation at this time - it is payable directly to massage therapist at time of session. Please note that on Retreat I, massage is only available on June 13-15, pending number of requests.)

First Name _____
 Last Name _____ Community Initials (if religious) _____ (e.g. SSND)
 Address _____
 City _____ State _____ Zip _____
 Daytime Phone _____ Evening Phone _____ Email _____
 Special medical, dietary requirements or lodging requirements: (see above) _____

July 19-26, 2010 Directed Retreat II ONLY

- Enclosed is deposit of \$25 (Note: Deposit is included in the full fee) Full fee of \$395 enclosed
- I am planning on a massage session during my retreat (Suggested minimum donation is \$50 - Do not send donation at this time - it is payable directly to massage therapist at time of session.)

First Name _____
 Last Name _____ Community Initials (if religious) _____ (e.g. SSND)
 Address _____
 City _____ State _____ Zip _____
 Daytime Phone _____ Evening Phone _____ Email _____
 Special medical, dietary requirements or lodging requirements: (see above) _____



PLEASE SEND ONE OF THE COUPONS ABOVE WITH \$25 DEPOSIT OR FULL FEE AMOUNT TO:
Directed Retreats 2009, King's House,
700 North 66th St., Belleville, IL 62223
 618/397-0584 800/779-7909 FAX:618/397-5123

Sorry, we are unable to accept credit or debit cards.

Contact King's House or visit our website for information about: summer retreats for women religious; other 2010 summer retreats with Joe Nassal, CPPS, Barbara Fiand, SNDdeN, and Ron Rolheiser, OMI; and many other spiritual programs. and other programs.