



KING'S HOUSE
RETREAT AND RENEWAL CENTER

King's House is nestled in 47 quiet, wooded acres in Belleville, Illinois, just 20 minutes from downtown St. Louis or the JB Bridge. We are sponsored by the Missionary Oblates of Mary Immaculate, a religious congregation of priests and brothers who are dedicated to walking with people in their search for God. People of all faith traditions are welcomed with warm hospitality and opportunity for spiritual and personal growth.

2012 RETREAT SCHEDULE

Men's Retreats 2012

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|----------------|--------------------------|
| (A) Jan. 6-8 | (D) Feb. 3-5 |
| (B) Jan. 13-15 | (G) Apr. 5-7 (Holy week) |
| (C) Jan. 20-22 | (I) Apr. 27-29 |
| (L) Jan. 27-29 | (R) Nov. 2-4 |

Women's Retreats 2012

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|-----------------------------|-----------------|
| (V) Feb. 17-19 | (U) Sept. 21-23 |
| (E) March 2-4 | (N) Sept. 25-27 |
| (H) March 9-11 | (mid-week) |
| (Z) March 16-18 | (O) Sept. 28-30 |
| (ZZ) March 27-29 (mid-week) | (P) Oct. 5-7 |
| (F) March 30-Apr. 1 | (W) Oct. 12-14 |
| (Y) Apr. 13-15 | (Q) Oct. 19-21 |
| (K) Apr. 20-22 | (X) Nov. 9-11 |
| (M) Sept. 14-16 | |

IN 2012

- Retreat with Paula D'Arcy: May 21-27
- Directed Retreat: choose 3-7 days, June 8-15
- Retreat with Carla Mae Streeter, OP: July 6-12
- Directed Retreat of 7 days: July 16-23
- Catholic Charismatic Retreat: Aug. 24-26
- Annual 12-Step Retreat: Nov. 16-18

Quiet Retreats attract individuals and groups of men and women from parishes and the Dioceses of Belleville and Springfield, Illinois; Jefferson City, Missouri and the Archdiocese of St. Louis. Contact us for the name of the "captain" nearest you.

DIRECTIONS TO KING'S HOUSE

FROM I-255 Northbound
(South St. Louis, JB Bridge, Columbia, IL)

Take I-255 NORTH to Exit # 17A for IL RTE 15.
Take IL RTE 15 EAST to Belleville. Go 4 Miles.
Turn LEFT onto 74th ST. at the stoplight. Go 2.2 miles.
Turn RIGHT on JUDITH. (Note blue "King's House" sign on pole.)
King's House Parking Lot is 2 blocks up on the right

FROM I-255 Southbound
(Alton, Edwardsville I-55 & I-70)

Follow I-255 SOUTH
Take I-64 EXIT EAST towards Louisville.
Continue directions below . . .

FROM I-64 Eastbound
(Downtown St. Louis, Poplar St. Bridge)

Take I-64 East towards Louisville.
Take EXIT # 9 for IL Hwy 157.
Turn RIGHT onto 157 at end of ramp. Go 1.9 miles.
Turn LEFT onto MAIN ST. (called "State Street" if you look to the right). Go 2.2 miles.
Turn LEFT onto 74th ST. at the stoplight. (Note blue "King's House" sign on pole.) Go 0.5 miles.
Turn RIGHT onto JUDITH. (note blue "King's House" sign on pole.)
King's House Parking Lot is 2 blocks up on the right.

FROM I-64 Westbound (O'Fallon, IL & points East)

Follow I-64 West.
Take EXIT #16 to O'Fallon/Shiloh.
Turn LEFT on GREENMOUNT. Go 0.5 miles.
Turn RIGHT onto FRANK SCOTT PKWY. Go 6.4 miles.
Turn RIGHT onto MAIN ST. Go 0.6 miles.
Turn RIGHT onto 66th ST. (Note blue "King's House" sign on pole)
66th Street ends in 0.5 miles at our front gate.

FROM IL 159 Northbound
(Red Bud, IL & points South)

Turn LEFT (West) onto IL RT. 15. Go 4.7 miles
Turn RIGHT onto 74th ST at stoplight. Go 2.2 miles.
Turn RIGHT onto JUDITH. (note blue "King's House" sign on pole.)
King's House Parking Lot is 2 blocks up on the right.

Check our website for a picture map:
www.kingsretreatcenter.org

700 N 66th St. • Belleville, IL, 62223-3949
618-397-0584 (Metro East)
1-800-779-7909 (Outside Metro East)
info@kingsretreatcenter.org
www.kingsretreatcenter.org

Visit our website to learn about other programs at King's House

EVERYDAY
GOD

in whom we live and
move and have our being



KING'S HOUSE
RETREAT
AND RENEWAL CENTER

2012

Retreat Schedule
Retreats for Everyone

*Missionary Oblates of
Mary Immaculate*



EVERYDAY GOD

in whom we live and move
and have our being

Our God is an Everyday God! God moves in our daily routine in order to give us joy, insights, comfort, and challenge. During our retreat we will look at the ordinary things of life that speak profoundly of God's steadfast love.

Our weekend begins with the God of Homecoming. We know what it is like to come home, don't we? We like to get comfortable, sit back in a favorite easy chair or share a meal and conversation with those close to us and God is there.

Saturday morning we will spend time with the God of the Morning Cup of Coffee. While we sit at the breakfast table, in our comfortable chair or perhaps even in our car on the way to work we enjoy our first taste of the day and perhaps we dream or ponder or plan and God is there.

Saturday afternoon we meet the God of the Car Keys. God is immersed in our daily activities, offering insights and cautions, moments of laughter and opportunities for compassion. We all know what it means to be on-the-go and God is right there too.

Although we may not realize it at times God is also in the Broken Places of our lives. In these human moments God wants to heal the fractured places of our lives. In our sacrament of Liberation God is there.

Sunday morning we will encounter the God of the Second Fire. This is the God of service, the God who calls us to be the fire of His love to those who are in need. In our everyday outpouring of love to the neighbor God will always be there.

We live and move and have our being because our God is faithful. Join us on retreat this year as we explore how God makes the everyday places and spaces of our lives sacred.

Sr. Janis Yaekel, ASC

WHAT CAN I EXPECT ON RETREAT?

Everyone needs a space to take their deepest questions. A retreat gives you the space and solitude to reflect on those questions. During a retreat we offer a quiet atmosphere, inspirational talks, time for solitude and prayer, and the opportunity to talk with our qualified staff. All retreats are presented by a team.

WHAT DO I DO WITH PERSONAL TIME?

There are various periods for "creative solitude" each day. Use these times of quiet to allow God to speak with you in prayer. Here are suggestions for personal solitude:

- Private prayer reflecting on the scriptures
- Walk the prayer labyrinth and the stations
- Rosary and other prayers
- Walk in the woods
- Private consultation with the staff
- Spiritual reading and tapes
- Rest and relaxation
- Visit chapel and other devotional areas
- Journal your thoughts and feelings

HOW DO I REGISTER?

Many people register through their parish recruiting "captain" and attend a regular retreat each year. A list of parish captains is available on our website or by contacting King's House directly. Individuals may call King's House for availability. While some retreats may have a waiting list, we find that most everyone is able to attend a retreat of their choice.

SAMPLE RETREAT SCHEDULE

FRIDAY

4-6 p.m.	Arrival and registration
6:15 p.m.	Dinner
7:30 p.m.	Opening Conference

SATURDAY

7:45-8:30 a.m.	Breakfast buffet available
8:40 a.m.	Morning Prayer
9:00 a.m.	Conference
	Creative solitude
11:00 a.m.	Eucharistic Liturgy (Chapel)
12:00 p.m.	Lunch
	Creative solitude
2:30 p.m.	Conference
	Creative Solitude
4:45 p.m.	Discussion Time
5:30 p.m.	Dinner
7:00 p.m.	Sacrament of Reconciliation followed by quiet time

SUNDAY

7:45-8:30 a.m.	Breakfast buffet available
8:40 a.m.	Morning Prayer
9:00 a.m.	Business Meeting
9:20 a.m.	Conference
	Creative solitude
11:00 a.m.	Eucharistic Liturgy (Chapel)
12:00 p.m.	Lunch and departure

How much is the retreat fee? The retreat fee is handled through an anonymous donation by envelope, making it affordable for everyone. The current suggested amount is \$165 which reflects our actual costs. If you are able to give more we appreciate it. If you cannot give as much, we understand. One person helps another to be here and no one is turned away due to financial circumstances.

"God walks among the pots and pans."

-St. Theresa of Avila